

SeniorMentor Programme

An ageing society necessitates keeping the senior generation (55+) working as effectively as possible, which requires maintaining a physical and mental standard of active living.

The goal of the programme

To develop and maintain the cognitive functions of seniors seeking activity, to improve their digital competences and practical skills, to maintain their physical and mental health, and thus to prolong their active working life.

The target group of the programme

As competence development and training is a horizontal area, several target groups should be identified:

- the senior generations as the "end-users",
- institutions, companies and experts in the mentoring network,
- employers who employ several generations.

The tasks of the programme

- disseminating practical knowledge among peers of similar age, giving advice, sharing knowledge, providing inspiration to take up new activities, lead healthy lifestyles, stay healthy, join communities,
- organising workshops, webinars, thematic group discussions, online and face-to-face presentations, hybrid trainings (online and in-person) for developing competencies in internet usage, improving digital literacy, encouraging lifelong learning, facilitating peer-to-peer knowledge transfer and accelerating the change of mindset in breaking down stereotypes about older people.

Means of implementing the programme

- Interactive, media rich information materials/learning materials/mini games developed in the SkillToolkit Live! training platform for surveying purposes and disseminating information,
- Using the SkillToolkit Live! training platform for organising online/blended/in-person trainings/events and managing their administration, documentation and reporting,
- Using development purpose digital materials for:
 - synchronous online knowledge transfer, sensitisation, mentoring,
 - creating contents for asynchronous digital literacy development.

Funding of the programme

The programme could be potentially financed by:

- elderly care providers with national coverage,
- multigenerational employers.

About the applicant

SkillDict Plc. provides complete training development services and innovative eLearning/blended learning solutions. SkillDict's innovation is the knowledge management based adaptive eLearning solution called "SkillToolkit Live!" which combines a digital pedagogical methodology and the eLearning platform meant to implement this methodology. The SeniorMentor Programme will be based on this platform which is currently available in 18 languages.

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